



DIRECTOR'S DIGEST

From the desk of Jen Myers

January issue

Wise Still Seek Christ

January 6, marks the day we celebrate Epiphany. Epiphany is when the Wise men brought Jesus their gifts. It amazes me how God draws us to Himself. For the Magi, he used His star to guide them to Himself. I find this so perfect since Jesus is the light of the world. A star makes no noise and yet it quietly shines on. God often does not come to us with loud noises but a quiet gentle illumination to our lives. God wants us to follow His light in this world.

We have no clue how many wise men there were and how far that they went but we do know they followed the star and that they gave gifts of importance to Jesus. God wants us to follow His light. As you want what is best for your children, so to our Heavenly Father wants what is best for us. The Creator of the Universe wants a personal relationship with us. When we humbly come to Him the greatest gift He wants is ourselves. The wise men gave their best to Him. The Christ child was born in a stable but He asks that our hearts are His throne.

Even though the Bible does not record the feelings of the wise men, I am sure that they were filled with great joy and peace as they met the Lord. I pray this for you too! As you humbly give of yourself to the Lord may you be filled with great joy and peace. A blessed new year to you!



Holy Cross Preschool Presents: Family movie and popcorn

VeggieTales

Beauty and the Beet

January 24th: 10-11 a.m.

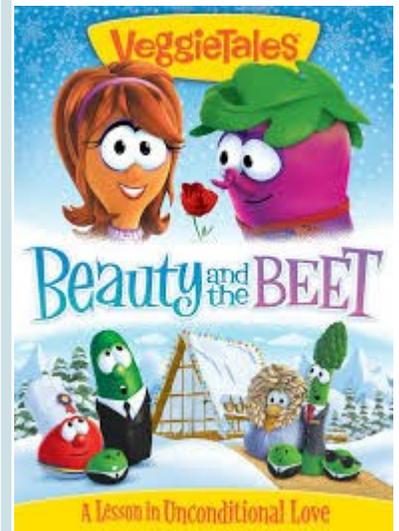
In Holy Cross Fellowship Hall

Free movie and popcorn for the whole family

Brought to you by Holy Cross

Special points of interest:

- *January 5th : School resumes*
- *January 20th: no school Martin Luther King Jr. Day*
- *January 23rd: step-up day for students*
- *January 24th: Early Childhood movie and popcorn 10-11 a.m.*
- *January 30 th, 8-9 a.m.: Parents step-up day*





January Transitions

Transitions are hard for all of us. It does not matter what age we are, change is hard. The younger we are, the more vocal we seem to be about it. Please do not be alarmed when the first couple weeks back to school are hard on your child. It is very normal for them to cry or act grumpy when school starts back up. Over break life is usually a little different than our normal routine. Often we sleep in, have later bedtimes, have different food habits, and spend more time together as a family. On top of all of that, there are a lot of special things happening and change in schedule. Even for adults, change of pace can add stress in our lives and make us grumpy. The best way to combat

this is to try to keep some things consistent over Christmas break. Try to keep bed times as normal as possible. If they take a nap, keep up with it (maybe even join in for your own sanity.) Try to make sure that they eat healthy foods and get plenty of water. Fun special Christmas snacks are fine but moderation helps their little bodies not get too out of sync. When you come back to school talk about how wonderful it will be to see their friends and learn new things. Talk about how their teachers missed them and might need hugs and high-fives. If tears do happen remind them that you love them and want them to learn and grow

and you will look forward to seeing them later in the day. Even if they cry, hugs and kisses are great and then walk down the hall. The teachers are very aware that this happens and are sensitive to the children. They just need to get back into the routine. For friends in the three year old class, parents can peek through the one way glass to see how your little one is doing. If you need a phone call, let me, Jen, know and I would be happy to let you know how they are doing later that morning.

Early Childhood Staff Changes

As of January 5th there will be a few changes in the hours of the aides. We have adjusted to meet the needs of adjusted ratios. We wanted to make the change at a logic time for the students and staff. Please ask Mrs. Myers if you have any questions.

Preschool Blog

I have finally got the group photos from the program on the preschool blog. It is at <http://prek.lovemyschool.net/>. Students names will not be posted with photos on the blog. I emailed close-ups to the parent emails I was given at the start of the year. If you need me to send them to a different address or you cannot

open them, please email me. Please subscribe by going to the web address and scrolling down on the left side. There is a subscribe to blog via email box. By subscribing you are emailed a notification when I update the blog weekly. If you have any questions, please contact Jen Myers.



